

PROFESSIONAL INFORMATION

SCHEDULING STATUS:

To be allocated.

PROPRIETARY NAME AND DOSAGE FORM:

Viralex® (capsules).

COMPOSITION (per capsule):

Herbal extracts equivalent to dry:	
Olea Europaea Leaf (Olive)	4500mg
Providing Oleuropein	100mg
Astragalus Membranaceus Root (Astragalus)	200mg
Other Ingredients:	
Saccharomyces Cerevisiae (Providing Beta 1,3 Beta Glucan)	100mg
Zinc Gluconate	1mg
Vitamin D3 (Cholecalciferol)	250IU
Encapsulating Aids:	
Magnesium Stearate, Microcrystalline Cellulose, Silica Colloidal Anhydrous.	

This product is not suitable for vegans and vegetarians. (Sugar Free)

PHARMACOLOGICAL CLASSIFICATION:

Category D (Complementary Medicine) – Combination Product.

This medicine has not been evaluated by SAHPRA for its quality, safety and intended use.

PHARMACOLOGICAL ACTION

PHARMACOKINETICS:

Viralex® is a unique combination of Olea Europaea Leaf (Olive), Astragalus, Saccharomyces Cerevisiae, Zinc Gluconate and Vitamin D3 on which pharmacokinetic studies have not been conducted.

PHARMACODYNAMICS:

Viralex® is a combination of ingredients which have shown to support immune functioning and provide protection against microbes.

Olea Europaea Leaf (Olive) has shown to support the immune system by exerting an antimicrobial effect. Olive Leaf may also assist by maintaining a healthy cardiovascular system by supporting healthy blood pressure and cholesterol levels.

Astragalus provides immune restorative properties and is beneficial particularly when the immune system is under stress.

Saccharomyces cerevisiae providing Beta 1,3 glucan nourishes the immune system in order to provide an optimal immune response.

Zinc is an essential mineral which supports immune system development and functioning while providing stress, joint and bone support. It has the ability to inhibit viral replication thus reducing proliferation of viral infections.

Vitamin D3 enhances immunity against viral and bacterial infections.

INDICATIONS:

Viralex® supports an effective and healthy immune function while protecting against bacterial, fungal, viral and parasitic infections.

CONTRAINDICATIONS:

This product is not suitable for individuals under the age of 6 years. Do not use if a known hypersensitivity or allergy exists

towards any of the ingredients. If in doubt, consult your medical practitioner or healthcare professional.

WARNINGS AND SPECIAL PRECAUTIONS:

A natural reaction to Olive leaf extract that may occur in some individuals is a 'die off' effect; whereby, the symptoms may be present for 2-4 days before the individual feels a sense of wellbeing and energy. This product may slightly lower blood pressure or blood sugar levels; therefore, it should be used with caution in some individuals. Should your general health worsen, or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or healthcare professional for advice. Do not exceed the recommended daily dosage. Do not use after the expiry date.

INTERACTIONS:

If you are taking any chronic medication, do not use this product without consulting your medical practitioner.

Antihypertensives: Oleuropein as found in **Viralex™** may slightly decrease an individual's blood pressure. Therefore, concomitant use with an antihypertensive may result in hypotension.

Antidiabetics: Oleuropein as found in **Viralex™** may slightly decrease an individual's blood sugar levels. Therefore, concomitant use with antidiabetic medication may result in low blood sugar levels.

Immune Modulators: Astragalus as found in **Viralex®** has shown to affect the efficacy of various immune modulating medications.

PREGNANCY AND BREASTFEEDING:

If you are pregnant or breastfeeding, please consult your healthcare professional before taking this product as safety has not been established.

DOSAGE AND DIRECTIONS FOR USE:

Always tell your healthcare professional if you are taking any other medicine.

Maintenance

Adult: Take 2 capsules daily with food or as professionally advised.

Children 6-12 years: Take 1 capsule daily with food or as professionally advised.

Acute

Adult: Take 4 capsules daily with food or as professionally advised

Children 6-12 years: Take 2 capsules daily with food or as professionally advised.

SIDE EFFECTS:**Immune System Disorders:**

Frequency unknown: Hypersensitivity reactions, Herxheimer reaction/'Die Off' Effect (see "**WARNINGS AND SPECIAL PRECAUTIONS**").

Metabolism & Nutrition Disorders:

Frequency unknown: Hypoglycaemic and hypotensive effects.

KNOWN SYMPTOMS OF OVERDOSE AND PARTICULARS OF ITS TREATMENT:

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact your nearest hospital or poison centre. Treatment is symptomatic and supportive.

IDENTIFICATION:

Light brown powder inside a clear, oblong, gelatine capsule.

PRESENTATION:

30 or 60 capsules individually sealed in a foil blister pack of 10 in a cardboard carton.

STORAGE INSTRUCTIONS:

Store below 30°C in a dry place.

KEEP OUT OF REACH OF CHILDREN

REGISTRATION NUMBER:

To be allocated.

NAME AND BUSINESS ADDRESS OF APPLICANT:

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DATE OF REGISTRATION

To be confirmed

CATEGORY

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Good Health Products Pty Ltd

REFERENCES

1. Keith I. Block, MD, and Mark N. Mead, MS. (2003) 'Integrative Cancer Therapies, Immune System Effects of Echinacea, Ginseng, and Astragalus: A Review' page 247-267
2. Mills, S. & Bone. K. (2000) 'Principles and Practice of Phytotherapy: Modern Herbal Medicine'.
3. Keith I. Block, MD, and Mark N. Mead, MS. (2003) 'Integrative Cancer Therapies, Immune System Effects of Echinacea, Ginseng, and Astragalus: A Review' page 247-267
4. WebMD (n.d), Astragalus, WebMD, viewed 02 April 2020, <<https://www.webmd.com/vitamins/ai/ingredientmono-963/astragalus>>