

## PROFESSIONAL INFORMATION

### SCHEDULING STATUS:

To be allocated.

### PROPRIETARY NAME AND DOSAGE FORM:

**Viralex® Attack** (capsules).

### COMPOSITION (per capsule):

<b>Herbal extracts equivalent to dry:</b>	
Olea Europaea Leaf (Olive)	2700mg
Providing Oleuropein	60mg
Pelargonium Sidoides (Umckaloabo) Root Extract	90mg
<b>Other Ingredients:</b>	
EpiCor® (Dried fermentate made using Saccharomyces Cerevisiae)	250mg
Zinc (as Amino Acid Chelate)	5mg
<b>Encapsulating Aids:</b>	
Magnesium Stearate, Microcrystalline Cellulose, Colloidal Anhydrous Silica.	

This product is not suitable for vegans and vegetarians. (Sugar Free)

### PHARMACOLOGICAL CLASSIFICATION:

Category D (Complementary Medicine) – Combination Product.

This medicine has not been evaluated by SAHPRA for its quality, safety and intended use.

### PHARMACOLOGICAL ACTION

#### PHARMACOKINETICS:

**Viralex® Attack** is a unique combination of Olea Europaea Leaf (Olive), Pelargonium Sidoides, **EpiCor®** (Saccharomyces Cerevisiae) and Zinc Amino Acid Chelate on which pharmacokinetic studies have not been conducted.

#### PHARMACODYNAMICS:

**Viralex® Attack** is a combination of ingredients which have shown to support the body's natural immune response and function.

Olea Europaea Leaf (Olive) has shown to support the immune system by exerting an antimicrobial effect. Olive Leaf may also assist by maintaining a healthy cardiovascular system by supporting healthy blood pressure and cholesterol levels.

Pelargonium Sidoides has shown to support the faster recovery of symptoms associated with common colds and flus.

EpiCor® is a unique ingredient obtained from dried Saccharomyces Cerevisiae fermentate which has shown to strengthen the immune system.

Zinc is an essential mineral which supports immune system development and functioning while providing stress, joint and bone support. It has the ability to inhibit viral replication thus reducing proliferation of viral infections.

#### INDICATIONS:

**Viralex® Attack** assists with the sudden onset of symptoms associated with upper respiratory tract infections or colds and flu's.

#### CONTRAINDICATIONS:

This product is not suitable for individuals under the age of 6 years. Do not use if a known hypersensitivity or allergy exists towards any of the ingredients. If in doubt, consult your medical practitioner or healthcare professional.

### WARNINGS AND SPECIAL PRECAUTIONS:

A natural reaction to Olive leaf extract that may occur in some individuals is a 'die off' effect; whereby, the symptoms may be present for 2-4 days before the individual feels a sense of wellbeing and energy. This product may slightly lower blood pressure or blood sugar levels; therefore, it should be used with caution in some individuals. Should your general health worsen, or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or healthcare professional for advice. Do not exceed the recommended daily dosage. Do not use after the expiry date.

### INTERACTIONS:

If you are taking any chronic medication, do not use this product without consulting your medical practitioner.

Antihypertensives: Oleuropein as found in **Viralex Attack™** may slightly decrease an individual's blood pressure. Therefore, concomitant use with an antihypertensive may result in hypotension.

Antidiabetics: Oleuropein as found in **Viralex Attack™** may slightly decrease an individual's blood sugar levels. Therefore, concomitant use with antidiabetic medication may result in low blood sugar levels.

### PREGNANCY AND BREASTFEEDING:

If you are pregnant or breastfeeding, please consult your healthcare professional before taking this product as safety has not been established.

### DOSAGE AND DIRECTIONS FOR USE:

Always tell your healthcare professional if you are taking any other medicine.

#### Acute Doses

Children 6-12 years old: Take 1 capsule daily with food or as professionally advised.

Adult: Take 2 capsules daily with food or as professionally advised.

#### For rapid onset of symptoms

Adult: Take up to 3 capsules daily with food or as professionally advised.

**SIDE EFFECTS:****Immune System Disorders:**

Frequency unknown: Hypersensitivity reactions, Herxheimer reaction/'Die Off' Effect (see "**WARNINGS AND SPECIAL PRECAUTIONS**").

**Metabolism & Nutrition Disorders:**

Frequency unknown: Hypoglycaemic and hypotensive effects.

**KNOWN SYMPTOMS OF OVERDOSE AND PARTICULARS OF ITS TREATMENT:**

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact your nearest hospital or poison centre. Treatment is symptomatic and supportive.

**IDENTIFICATION:**

Light brown powder inside a clear, oblong, gelatine capsule.

**PRESENTATION:**

30 or 60 capsules individually sealed in a foil blister pack of 10 in a cardboard carton.

**STORAGE INSTRUCTIONS:**

Store below 30°C in a dry place.  
KEEP OUT OF REACH OF CHILDREN

**REGISTRATION NUMBER:**

To be allocated.

**NAME AND BUSINESS ADDRESS OF APPLICANT:**

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**DATE OF REGISTRATION**

To be confirmed

**CATEGORY**

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**REFERENCES**

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